



## The challenges of eating a healthy and sustainable diet

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### Resource Description

**Communication:** ☒

resource focus on research or methods on how to communicate or frame issues on climate change;  
surveys of attitudes, knowledge, beliefs about climate change

A focus of content

**Communication Audience:** ☒

audience to whom the resource is directed

Health Professional, Researcher

**Exposure :** ☒

weather or climate related pathway by which climate change affects health

Unspecified Exposure

**Geographic Feature:** ☒

resource focuses on specific type of geography

None or Unspecified

**Geographic Location:** ☒

resource focuses on specific location

Non-United States

**Non-United States:** Europe

**Health Co-Benefit/Co-Harm (Adaption/Mitigation):** ☒

specification of beneficial or harmful impacts to health resulting from efforts to reduce or cope with  
greenhouse gases

A focus of content

**Health Impact:** ☒

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specification of health effect or disease related to climate change exposure

Health Outcome Unspecified

## **Intervention:**

strategy to prepare for or reduce the impact of climate change on health

A focus of content

## **Medical Community Engagement:**

resource focus on how the medical community discusses or acts to address health impacts of climate change

A focus of content

## **Mitigation/Adaptation:**

mitigation or adaptation strategy is a focus of resource

Mitigation

## **Resource Type:**

format or standard characteristic of resource

Policy/Opinion

## **Timescale:**

time period studied

Time Scale Unspecified